

STUDENT NAME _____

ID # _____

MINOR			
6 HOURS UPPER LEVEL AT UMHB			
EXERCISE SCIENCE			
24 HOURS			
EXSS	2340	Intro to EXSS	
EXSS	2352	Personal Health & Fitness	
EXSS	3135	Adv Resistance Training	
EXSS	3107	Adv Cardio Training	
EXSS	3141	EXSS Practicum	
EXSS	3354	Sport Nutrition	
EXSS	3390	Anatomical Kinesiology	
EXSS	3395	Physiology of Exercise	
EXSS	4344	Admin of EXSS	
EXSS	4392	Tests & Measurements	

Grades of "C" or better required in all courses in the Exercise Science minor.